

IMAGINE YOUR STORY

Wizard of Oz Over the Rainbow Bracelets

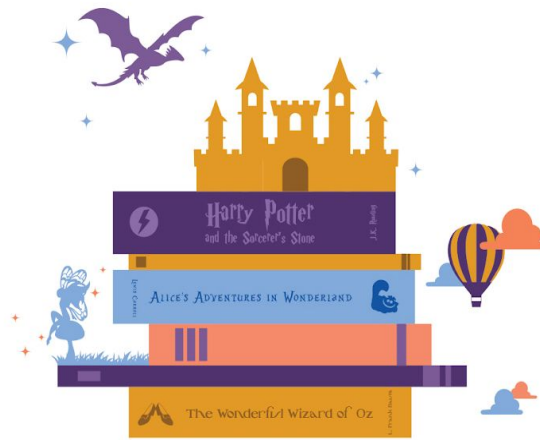
Ingredients:

- 4 Strawberries
- 1 Orange
- 4 Pieces of pineapple
- 1 Kiwi, peeled and cut into 4 pieces or (4 green grapes)
- 4 Blueberries
- 4 Purple grapes
- 4 Wooden skewers or popsicle sticks

Instructions

1. Thread the fruit onto skewers or popsicle sticks in a rainbow pattern.





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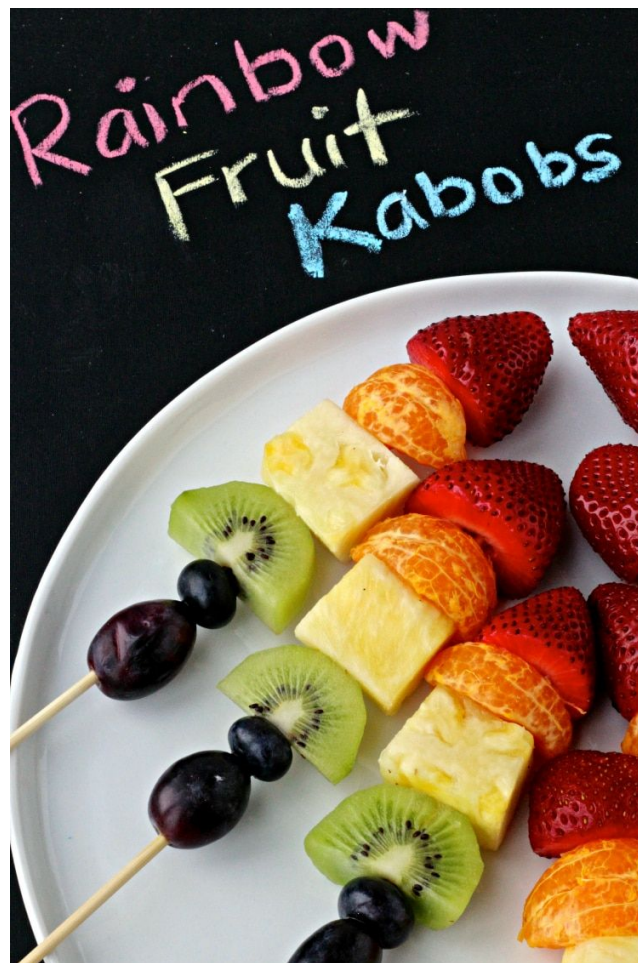


Image courtesy of: The Foodie Physician

<https://thefoodiephysician.com/preventing-childhood-obesity-nutritious-snacks-kids/>

